

DATE	EVENT	VENUE	CODE	GOV	ENTRIES/WEB
<b>Aug '10</b>					
1	Randburg Harriers 21.1km and 10km	Randburg Central Sports Complex	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
1	Diepsloot Dare	Northern Farms, Diepsloot	Offroad Cycling	CGC	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
9	Sun Gardens Carousel Classic	Carousel Casino	Road Cycling	CSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
15	Old Eds Half Marathons and 10km	Old Eds, Houghton, Johannesburg	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
15	Family Duathlon Series # 4 FINAL	Kyalami Race Track, Johannesburg	duathlon	CGT	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
15	Vodacom LiveTrack Dirt Festival MTB Race 2010	Teak Place, Cradle, Mogale City	Offroad Cycling	CGC	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
21	Powerade Lost City Cycle Classic	Sun City, Northwest	Road Cycling	CSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
22	Vodacom Country Half Marathon	Vodacom Head Office Midrand	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
28	Euphoria Gold Estate & Hydro Triathlon std/half	Naboomspruit, Limpopo	Triathlon	GNT	<a href="http://www.entrytime.co.za">www.entrytime.co.za</a>
29	Compendium Multi-Series (Sprint)	Suncoast Casino, Durban	Triathlon / Du	KZNTA	<a href="http://www.bactive.biz">www.bactive.biz</a>
<b>Sep '10</b>					
3 to 5	2010 Edinburgh ITU Duathlon World Champs	Edinburgh, United Kingdom	duathlon	ITU	<a href="http://www.triathlon.org">www.triathlon.org</a>
5	Dome to Dome Cycle Race	The Dome, North Gate	Road Cycling	CSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
8 to 12	2010 ITU World Champs	Budapest, Hungary	triathlon	ITU	<a href="http://www.triathlon.org">www.triathlon.org</a>
12	Citizen/Gerald Fox 21.1km and 10km	Johannesburg Zoo	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
12	Kloofzicht Corporate MTB Challenge	KloofzichtLodge, Kromdraai, Muldersdrift	Offroad Cycling	CGC	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
22-27	Triathlon Training Camp aimed at 70.3SA 2011 by Gerhard de Bruin	Bethlehem, Free State Petronella Guest Farm	Triathlon	N/A	<a href="mailto:my3kcamp@gmail.com">my3kcamp@gmail.com</a>
24-26	Cradle Quest (3 Day stage race)	Van Gaalens Cheese Farm, Skeerpoort	Offroad Cycling	CGC	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
24	Clear Water Flat One 15km Clear Water Mall	Hendrik Potgieter rd, Johannesburg	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>

25	McCarthy Volkswagen Classic 21.1km Challenge	Rietondal Park, Pretoria	Road Running	AGN	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
25	Thule Four Peaks Trail Run 24km	Ficksburg, Free State	Trail Running		<a href="http://www.trailrunning.co.za">www.trailrunning.co.za</a>
26	Compendium Winter Multi-Series (Olympic)	Suncoast Casino, Durban	Triathlon / Du	TSA	<a href="http://www.bactive.biz">www.bactive.biz</a>

### Oct '10

3	Afriman Duathlon 10km/80km/10/km	Potchefstroom Dam	Duathlon	NWT	<a href="http://www.francosport.co.za">www.francosport.co.za</a>
3	Compendium Multi-Series (Olympic dist.)	Suncoast Casino, Durban	Triathlon / Du	TSA	<a href="http://www.bactive.biz">www.bactive.biz</a>
3	Muddy Buddy Offroad Series	Giba Gorge, KZN	Multi-sport		<a href="http://www.muddybuddy.co.za">www.muddybuddy.co.za</a>
9	Ironman World Champs	Kailua-Kona, Hawaii, USA	triathlon	WTC	<a href="http://www.ironman.com">www.ironman.com</a>
10	BSG Energade Tri Series (& junior triathlon)	Roodeplaat Dam, Pretoria	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
10	Spar Ladies 10km	RAC, Old Parktonians, Randburg	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
17	BSG Energade Tri Series (& junior triathlon)	Potch Dam, Potchefstroom	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
24	BSG Energade Tri Series (& junior triathlon)	Germiston Lake, Ekurhuleni	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
31	BSG Energade Tri Series (& junior triathlon)	Midmar Dam, Howick, KZN	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
31	Muddy Buddy Offroad Series	Giba Gorge, KZN	Multi-sport	?	<a href="http://www.muddybuddy.co.za">www.muddybuddy.co.za</a>

### Nov '10

7	Global 11 Olympic Distance Race	Sun City, NW	triathlon	TSA	<a href="http://www.11global.com">www.11global.com</a>
7	Compendium Winter Multi-Series SPRINT dist.	Suncoast Casino, Durban	Triathlon / Du	KZNTA	<a href="http://www.bactive.biz">www.bactive.biz</a>
7	Ocean Indian Triathlon	Les Pavillons Hotel, Mauritius	triathlon	MTU	<a href="http://www.troisport.co.za">www.troisport.co.za</a>
7	Tripple Challenge		Multi Sport	n/a	<a href="http://www.tripplechallenge.co.za">www.tripplechallenge.co.za</a>

13	Liquifruit Irene Half Marathon and 10km	Agricultural Research Council, Irene	Road Running	AGN	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
14	BSG Energade Tri Series	NWU Vaal Pukke, Vanderbijlpark	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
21	Momentum 94.7 Cycle Challenge	Johannesburg	cycling	CSA	<a href="http://www.cyclechallenge.co.za">www.cyclechallenge.co.za</a>
28	City Lodge RAC Tough One 32km	RAC, Old Parktonians, Randburg	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
28	BSG Energade Tri Series (& junior triathlon)	Pollock Beach, Port Elizabeth	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
28	Muddy Buddy Offroad Series	Giba Gorge, KZN	Multi-sport	?	<a href="http://www.muddybuddy.co.za">www.muddybuddy.co.za</a>
<b>Dec '10</b>					
5	BSG Energade Tri Series (& junior triathlon)	Big Bay, Cape Town	triathlon	TSA	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
5	Soul City Half Marathon & 10km	University of Johannesburg	Road Running	CGA	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
5	Compendium Multi-Series (Olympic dist.)	Suncoast Casino, Durban	Triathlon / Du	TSA	<a href="http://www.bactive.biz">www.bactive.biz</a>
16	Prestige Ultra Triathlon (half ironman distance)	Vaal Pukke, Vanderbijlpark	triathlon	SGT	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
18	Great Run 15.5km & 5km Fun Run	Voortrekker Monument Pretoria	Road Running	AGN	<a href="http://www.runnersguide.co.za">www.runnersguide.co.za</a>
<b>Jan '11</b>					
23	Specsavers 70.3 Ironman Buffalo City	East London, Eastern Cape	triathlon	WTC	<a href="http://www.ironmansouthafrica.com">www.ironmansouthafrica.com</a>
29	Due South Xterra Triathlon	Buffelspoort Dam, North West	off road triathlon	TSA	<a href="http://www.stillwatersports.com">www.stillwatersports.com</a>
<b>Feb '11</b>					
6	<b>Troisport Joburg City Triathlon (Inc CGT champs) Africa's Biggest Olympic Distance Race</b>	<b>VLC Germiston Lake, Ekurhuleni</b> <a href="http://www.troisport.co.za">www.troisport.co.za</a>	<b>triathlon</b>	<b>CGT</b>	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
26	Due South Xterra Triathlon	Grabouw, Western Cape (SA Champs)	off road triathlon	TSA	<a href="http://www.stillwatersports.com">www.stillwatersports.com</a>
27	Global 11 Olympic Distance Race	Cape Town	triathlon	TSA	<a href="http://www.11global.com">www.11global.com</a>

**Mar '11**

13	Buffelspoort Triathlon (Half Ironman Dist Tri)	Buffelspoort Dam, North West	triathlon	NWT	<a href="http://www.cyclelab.com">www.cyclelab.com</a>
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**Apr '11**

10	Specsavers Ironman South Africa 2010	Port Elizabeth, Eastern Cape	triathlon	WTC	<a href="http://www.triangle.cc">www.triangle.cc</a>
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